



International Personal Trainers & Fitness Academy (IPTFA)

Branch: Singapore, Canada, China, Hong Kong, India, Iran, Kazakhstan, Malaysia, Maldives, Macau, Mongolia, Nepal, Sri Lanka, Pakistan, Taiwan

Since 1959 From Singapore

(Online Program)

Musculoskeletal Injuries Care Certification

We design and deliver online learning courses supported by Dr Asanka Withanage of Geriatrician (Aged Care Specialist) of offering Post-Professional preparation of successfully completed Personal Trainers certification through a new certificate in online Musculoskeletal Injury Management.

What Will I Learn?

This certificate will focus on understanding, evaluating and treating musculoskeletal injuries in physically active populations. As musculoskeletal injuries are the most common injury sustained in the physically active population, a post-professional certificate that focuses on these conditions will be especially important for personal trainers.

We will be able to offer focused coursework that will provide didactic education related to mechanisms of musculoskeletal injury management of these conditions.

Course curriculum:

- ✧ Principles of Musculoskeletal Injuries
- ✧ Musculoskeletal Injury Types
- ✧ Proper Treatment of an Injury
- ✧ Bone, Joint and Muscle Injury
- ✧ Specific Injury Types



End of course certification

On completion of the course you will be required to pass a test, which is made up of multiple choice questions based on the modules you have studied. Once you pass, you will be able to download and print your certificate and start using your new certification to enjoy a successful career within the fitness industry. You also have the option of having your certification posted to you at an additional cost.

Course Fees : HKD 499 / US 64

Course Duration: 4 hrs. (Online teaching)

Recognized & Supported Organizations:





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(Online Program) Musculoskeletal Injuries Care Certification

Enrollment Criteria	Age 18 or above
Lecturer Profile	IPTFA Lecturer, Registered Dietician, Registered Physiotherapist, Experienced Personal Trainer
Language	English
Course Duration	Total: 4 hours
Course Fees	HKD 499 / US 64
Deadline	3 working days prior to the course commencement date (IPTFA reserves the right to cancel or reschedule the course)
Venue	Online (Zoom meeting)
Application	Applicants should enroll online with full payment by PayPal, a confirm/guideline email will be sent after receive payment in 2 working days
Registration & Enquiry	Tel: (+852) 2345 6286 Fax: (+852) 2345 1236 E-mail: info@iptfa.com Website: www.iptfa.com
Continuing Education Units	1 CEUs
Refund Policy	There will be no refund unless the course is cancelled by the IPTFA



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(ENROLLMENT FORM)

Course Code	Course Name : (Online Program) Musculoskeletal Injuries Care Certification
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Photo

Personal Information

Name:					
Date of Birth:	mm/dd/yy	Identify ID./ Passport no.			
Sex :		Age :		Occupation :	
Address :					
Tel No.:					
Mobil :		E-mail :			
Related work experiences and current certificates:					

Information Source ☐ web-site ☐ Friend recommend ☐ FB ☐ Others E.G.: _____

All the personal data will keep confidential and will only be used in the application procedure of the events organised by our Academy. For any change of your personal data, please contact IPTFA.

Payment : Cash, EPS, Cheque, and T/T, Please do inscribe: "International Personal Trainers & Fitness Academy ", T/T account no. **(SCB : 33782-05697-8; BOC : 012-698-0-000764-4)**

Declaration

I, _____, declare that all the personal data are true and correct. I am aware that my participation in the International Personal Trainers & Fitness Academy event(s) exposes me to a risk of personal injury and I agree to hold harmless International Personal Trainers & Fitness Academy, their Directors, employees and subsidiaries, the presenters and all the event staff from any and all liability arising from this course including, but not limited to, muscle strains, tears, pulls, broken bones, death and any and all illness, ailments or loss of personal property.

I understand the risks arising from the participation of this course and attest that I am in sound physical condition. I also understand that I may be videotaped, audio taped and photographed during the course and International Personal Trainers & Fitness Academy may use my images for any and all uses without my prior consent. I further agree to all conditions of registration, including but not limited to, the no refund policy.

Signature: _____ Date: _____

For Official Use Only

Amount: _____ Received Date: _____
☐ Cash ☐ Cheque _____ Bank _____
 Issued by: _____ Refer to: : _____

Recognized & Supported Organizations:

